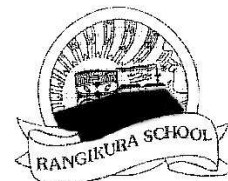


RANGIKURA SCHOOL

95 Conclusion Street
Ascot Park
PORIRUA

Ph (04) 235-9143

Fax (04) 235-8178



email: admin@rangikura.school.nz

website: www.rangikura.school.nz

School Goal – Term 2 2009

We Will Complete Our Tasks

Teaching Beliefs – Success with Support, Teamwork and Communication, Achieving High Standards, Reflecting Diversity, Safe Secure Environment.

Kia ora, Kia orana, Talofa lava, Malo-ni, Greetings, Bula, Fakaalofa atu, Sabai de, Namesti

PRINCIPALS NEWSLETTER WEDNESDAY 6 MAY 2009

We welcome Kalais Pahina-Edwards and Kokiri Moeke to our school. Both these boys are new 5 year olds who have begun school in Mrs Gulliver's classroom. We are very pleased to have them with us.

HALL OPENING

The official opening of our brand new school hall is to be held on Saturday 9 May. Formalities will begin promptly at 6.30am, so please arrive early to ensure you don't miss anything.

We invite all our school community - parents, caregivers and students to share in this occasion. There will be a blessing, an opening ceremony and performances by the Poly Club. The occasion will conclude with a shared breakfast. The event will conclude by 8am to allow students to travel to their winter sports events. We look forward to seeing you all at this event.

ALL WELCOME

SCHOOL GOAL

This is the last week for our current school goal - We will complete our tasks. Over the last term and a bit all our students have worked hard to achieve this goal. A lot of work has been completed that is of a very high standard indeed. There is also a great sense of pride amongst students for a job well done. The following students have recently been recognized and rewarded for their work towards the school goal. Selina Akavi, Lee-Roy Simi, Tommy-Stace Katu, Timothy Taoipu, Phoenix O'Gorman, Paris Va, Montoya Niko, Eric Lees, Liana Seiuli, Donalin Saycocie, Kayla Stephens, Lehi Osman, Eternity McLean, Tiara Rapana Aluni, Lonise Tago, Grace Mikaio, Myah Cromie, Rosalia Doughty, Kieran Clark, Chad Osborne, Shannen Clark, Eve Siania, Oakley Hinton, Mamele Kupa-Cummings, Chris Daniel and Teleise Ioane-Matthews. Congratulations and well done to you all !!!!!



Our new school goal, which will be launched next week is "We Will Show Honesty and Respect".

Our teachers will explain to the students what this means for them in practical terms. Acting respectfully is becoming a strong focus for our school. It has always been a part of the Kahikatea Motto - 'Maturity,

Honesty, Respect'. It has also been mentioned as part of our strategic and vision review, as being important for all of our school by staff, community, the Board of Trustees and students. It will no doubt become a bigger and bigger focus for us and an increasing part of what we do at our school in the future. We look forward to recognizing and rewarding students for their work in this area throughout the rest of this term.

NEW TERM

It is a new term. Welcome back to you all. We look forward to continuing to build closer relationships and partnerships to benefit your children with you all. Term 2 is traditionally a very busy term for us all at school. This term is no different. Teachers will soon embark on the task of writing reports for all students so that they can be ready to issue on 19 June.

Parent interviews are scheduled for the 23rd and 25th June. All student portfolios have to be brought up to date for this. Watch out soon for the opportunity to make appointments for interviews. We need to see all parents at the interviews in order to review student' progress so far this year and to set goals for the remainder of the year. We will also have a Home School Partnership session this term. This will provide a great opportunity to use our new school hall.



ATTENDANCE

It was great to see a strong improvement in attendance figures last term. A very good start has also been made this term. However there are still one or two issues with students nonattendance and lateness which are continuing this term. If we have a concern with your child's attendance you will receive a letter next week. If you received a letter last term and if we still have concerns you will receive an additional, different letter. As I reported last term we have joined an initiative with **all** other local primary schools to improve attendance of students. An advertisement with details of this initiative will soon be published in the Kapi Mana News. This will feature the names of all schools involved with this.

SWIMMING

Swimming for all syndicates is happening this term as follows:

Kowhai	This Week
Rimu	11-15 May (next week)
Pohutukawa	8-12 June
Kahikatea (technicraft)	19 June and 22-26 June, excluding Thursday 25th June,



We pay for transport to Cannons Creek Pools. We pay for some of the pool costs. We need to charge parents a contribution for the pool hire. The cost of this is \$10.00 per student. This needs to be paid before your child goes to swimming lessons.

REPORTING CONSULTATION

The Ministry of Education would like to use our school to undertake parent consultation on the Government's National Standards Initiative. They would like to meet a group of our parents to discuss plain language reporting. This is to occur in our school hall on Tuesday 2 June (the day after Queen's Birthday) between 1.00pm and 3.00pm. Please keep this date free. We would like as many parents as possible present to have input into this.

LOST PROPERTY

We have a huge amount of lost property here in the medical room at the moment. Lots of sweatshirts, t-shirts etc. Please come up and have a look or ask your child to come over and check it out. Any items left over on Monday will be donated to charity.



TOP DRIVEWAY



Please remember that the top driveway/car park is for **staff and service vehicles only**. The drop off area for students is the bottom car park. Our wet weather has started but please **DO NOT drive up to the top car park**. This is a safety issue for our students.

DATES TO REMEMBER

This week - Kowhai Swimming

8 May	STARS Assembly 12.15pm
9 May	Hall Grand Opening 6.30am
11 May	Young Leaders Day Full School Assembly - New Hall—9.15am
14 May	Healthy Promoting Schools Function - Miss Douglas to attend with some students.
15 May	School Assembly 12noon
20 May	Next Newsletter
26 May	Board of Trustees Meeting 6pm - Library including Nga Reo Report
1 June	Queen's Birthday
2 June	Ministry of Education Consultation - Reporting to Parents Home School Partnership 6 - 7.30pm.
19 June	Reports Issued to Students
23 June	Parent Interviews 3.30 - 8pm
25 June	Parent Interviews 3.30 - 6.30pm.



HEALTHY RECIPE

This week's recipe is an old favourite adapted to be healthy. It is also a great winter dish.

SAUSAGE CASSEROLE



Recipe Information

Portions: 4

Time to make: 40 minutes

Total cost of all ingredients: \$11.05 / \$2.76 per serve

- High fibre
- High iron

Ingredients

- 500g lean sausages
- 2 teaspoons olive oil
- 1 onion, chopped
- 2 garlic cloves, crushed
- 2 carrots, sliced
- 1 red capsicum, chopped
- 400g can crushed tomatoes
- 400g can chilli beans or chilli baked beans
- 2 tablespoons tomato sauce
- 2 cups frozen green beans

Our sausage casserole is a tastier and healthier version of this family favourite.

Instructions

Step 1 Prick and boil sausages for around 5 minutes, until cooked. Leave to cool for a few minutes and then slice into pieces around 1 1/2-2cm thick; dry-fry in a non-stick frying pan until browned on both sides. Set aside.

Step 2 Add onion and garlic to pan, cook on medium heat for a few minutes, add carrots and capsicum and stir-fry for another 2 minutes. Add crushed tomatoes and chilli beans and simmer for around 10 minutes, or until carrots are soft. Add green beans and heat for a further 5 minutes. Serve with rice or mashed potato.

Variation

Make a one-pot dinner - this saves time as well as dishes! To this recipe, when you add the tomato, add 1 cup dry pasta (macaroni, penne or spirals) and 2 cups of liquid (stock or water). Cook for around 10 minutes before adding the chilli beans and beans. Serve topped with grated parmesan and a crusty roll. This has all the goodness of a complete meal in one easy dish.

Tips

1. Vary the vegetables. While this recipe uses carrots, red capsicum and green beans, any vegetables will do; kumara, pumpkin, celery, leek and courgette all work well. Remember, quantity and variety are the key words here.
2. This recipe freezes well. Double the quantity and freeze half for another night.
3. Boil sausages before use. By pricking and boiling the sausages before you use them, you are allowing some of the fat to melt out into the boiling liquid. The more fat you get rid of at this stage, the less you eat!

Nutrition Information per serve	
Energy	1855 kJ (448 Cals)
Protein	44.4g
Fat - saturated	15.6g 6.8g
Carbohydrates - sugars	31.7g 16.4g
Dietary Fibre	14.9g
Sodium	1450mg
Calcium	100mg
Iron	6.6mg
* NS: Not specified	