

RANGIKURA SCHOOL
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PORIRUA



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School Goal – Term 2 2009

WE WILL SHOW HONESTY AND RESPECT

Teaching Beliefs: Success with Support, Teamwork and Communication, Achieving High Standards, Reflecting Diversity, Safe Secure Environment.

Kia ora, Kia orana, Talofa lava, Malo-ni, Greetings, Bula, Fakaalofa atu, Sabai de, Namesti

PRINCIPALS NEWSLETTER 17 June 2009

We welcome Quintin Karaitiana, Maceo Mauafua and Wade and Saffy Lewis to our school. We hope you enjoy your time with us and thrive in your achievement at our school.

SCHOOL GOAL

We have had many great examples of students achieving our school goal – We will show honesty and respect. Students are respecting other children, adults and visitors and have a high level of self respect. The following students were recognised at recent school assemblies for their efforts in this area: Jack Fuli, Kaylah Keating-Hewitt, Faith Joseph, Harmony Hunter, Tesara-Rose Faleafaga, Keanu Brightwell, Jamie-Rhys Ioane, Ripley Mauafau, Shania Warren, Hinemiri Tohiariki, Jeffery Souster, Kayla Stephens, Eternity McLean, Brian Loh, Richard Moeke-Hemi, Noah Iona-To'omaga, Parys Wirangi, Leah Pue, Isaiah Osman, Oakley Wilson-Rangihuna, Ricki-Lee Raimona-Price, Asia Ropeti, Caitlin Griffin, Davina Tearikiaua, RJ Tawhai, Santana Karipa. Congratulations and well done to you all!

SWINE FLU

This seems to be coming more prevalent around the country. With the term holidays approaching a number of our families will be planning to travel, both overseas and around New Zealand. We are aware of the threat posed by Swine Flu epidemic, particularly the risk posed by travelers returning as potential carriers. At this stage if staff and students are well and symptom free after returning from an affected area overseas they can return to school and do not need to remain at home for any period after arriving back in the country, or back to Porirua from other areas in the country. However this may change in the coming weeks and families need to plan for this possibility.

The risk is that if an infected student returns to school and is in contact with other students and staff for even a day, the whole school could be forced to close for a week. We ask you to carefully monitor your family's health closely as you return from overseas or your trip within New Zealand and if there are even the **slightest flu symptoms, do not send your child to school**

until you have you have first telephoned to check with your doctor or alternatively check through the Ministry of Health **Healthline 0800 611 116**.

To prevent the spread of any flu please reinforce with your children the need to cover their mouth when coughing and to regularly wash their hands, particularly before eating.



ABSENCES

It was only necessary to send out a few RAAYS letters recently. This means that, for the majority of students, we are happy with their attendance and punctuality overall. In all cases, when letters have been sent attendance has improved greatly. Many thanks to you all for your cooperation and support in this. The improved attendance will definitely be benefiting your children.



PARENT/TEACHER INTERVIEWS



Parent/Teacher interviews will take place on Tuesday 23 June from 3:30pm - 8:00pm and Thursday 25 June 3:30pm – 6:30pm – **This is next week.**

Many parents have made appointments for these days. If you have yet to do so please return the slip which we have again provided with this newsletter. Please get your child to return this directly to the office or if you prefer you can phone the office to make an appointment.

Interviews are a vital part of our reporting to parents process and are part of us developing a partnership with parents to benefit student learning and achievement. It is important to attend parent/teacher interviews. It is also a chance to see your child's Portfolio and Quality Workbook which all teachers will have available for you to see. We look forward to catching up with you at the interviews.

REPORTS/INTERVIEW TIMES

Reports will be issued to students this Friday, 19 June. Please ensure you receive them.

Times for interviews will also be issued that day.

As stated in the last newsletter reports will include an achievement level and/or an indication whether your child is working, at, above or below our school achievement expectations for Reading, Writing and Maths. The expectations will be printed on the back of the report to allow you to compare your child's performance. Teachers will be able to further explain this at the interviews.

For your reference we are also including the expectations here.



Reading

Year 1	5-6 year reading age
Year 2	6-7 year reading age
Year 3	7-8 year reading age
Year 4	Level 2P
Year 5	Level 2A
Year 6	Level 3P
Year 7	Level 3A
Year 8	Level 4P

Writing

Year 0/NE	Level 1(i)
Year 1	Level 1(ii)
Year 2	Level 1 (iii)
Year 3	Level 2
Year 4	Level 2A
Year 5	Level 3B
Year 6	Level 3P
Year 7	Level 4B
Year 8	Level 4P

Mathematics

Year 1	Working towards Stage 2
Year 2	Between Stage 2 (Counting) and Stage 4 (Advanced Counting)
Year 3/4	Stage 5 (Early Additive)
Year 5/6	Stage 6 (Advanced Additive)
Year 7	Stage 7 (Advanced Multiplicative)
Year 8	Between Stage 7 (Advanced Multiplicative) and Stage 8 (Advanced Proportional)

STUDENTS WORK

Here are some incredible 6 word stories from Pohutukawa Syndicate. The inspiration came from a visit by Jacqui Chapman, a writer who came to speak to our students.

One girl. Two boys. Wrong choice. By Varsity Teleaga-Isopo

Two dogs. One cat. Better run!. By Jason Pratchith

Sees lady. Spills coffee. Heart beats. By Sophie Phouphayly

Swine Flu. Why me? No cure. By Chedyn Beach

Four kids. No seatbelts. Disappear forever. By Donalin Saycocie

One pilot. Plane crashed. All dead. By Aniqueja Tibble

Sore lung. Can't breathe. Baby gone. By Ocean Pue

Two people. Fighting hard. No winner. By Anais Kele

Four kids. Two slides. Oh man! By Oz Beek

Car wash. Two dollars. Please support. By Uriah Sauvao

Old bus. Broken chair. Dead driver. By Francis Barraclough

For sale. Black pants. Too tight! By Isaac Toloa

HOME/SCHOOL PARTNERSHIP

A small group of parents and families took the opportunity to attend Home/School Partnerships last week to learn more about a Discovery Time Programme being run. Discovery Time links to the Key Competencies in the revised NZ Curriculum and is also helping our English as a Second Language Learners.

HEALTHY EATING DAY

Tomorrow is our second Healthy Eating Day for this term. Please send your child without packaged food that does not display the Heart Foundation Tick. We appreciate your support and co-operation with our emphasis on healthy eating.

FRUIT IN SCHOOLS

We have learned that the Fruit in Schools funding may be cut by the Government next year. This would be a great pity as we believe that the provision of fruit each day for all our students does make a difference to their attitude and readiness for learning. The students have also really enjoyed and appreciated the fruit they have been receiving.

There is a campaign going to try to ensure that Fruit in Schools is retained. If you would like to write in support of this please send a letter to:

Hon Tony Ryall, Ministry of Health, C/- 5 Plus a Day Charitable Trust, PO Box 66047. Beachhaven Auck. Letters need to be received by 3 July. We will be sending a school response.

We also thank our two awesome Fruit in Schools Mums – Alison Scott and Lisa Fanueli, who come up to school every day to ensure everyone receives fruit. They do a magnificent job.

Food Guide Pyramid

A Guide to daily Food Choices



ORIGINAL SOURCE: U.S. DEPARTMENT OF AGRICULTURE/U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

Kind Regards
Paul Nees
Principal

HEALTHY RECIPE

This week's healthy recipe is a great winter warmer. It is absolutely delicious and very cheap to make.

Spicy stews like this one are so lovely on cold winter evenings. This one could be adapted for the crockpot or slow cooker; reduce the liquid by half and cook on low for 6-8 hours.

Ingredients

- spray olive oil
- 1 onion, chopped
- 1 clove garlic, chopped
- 1/2 teaspoon chilli flakes (or more or less to taste)
- 2 teaspoons smoked paprika
- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1 teaspoon cinnamon
- 600g boneless, skinless chicken thighs, cut into bite-sized pieces
- 1 granny smith apple, cut into cubes
- 2 cups, peeled and cubed pumpkin
- 1 1/2 cups salt-reduced chicken or vegetable stock
- juice of 1/2 lemon or lime

Instructions

Step 1 Heat a spray of oil in a large non-stick frying pan over medium heat and cook onions and garlic until onion is soft but not browned. Add the spices, stir to combine and cook for another couple of minutes.

Step 2 Add the chicken, apple, pumpkin and stock and bring to the boil. Turn the heat down and simmer, covered, for 15-20 minutes. Remove lid and simmer for 10 minutes more or until sauce has reduced and thickened.

Step 3 Squeeze in lemon or lime juice. Serve with couscous or rice.

Recipe Information

Portions: 6

Time to make: 30 minutes

Total cost of all ingredients:

\$14.70 / \$2.45 per serve

- Dairy-free
- Low fat
- Low kilojoule
- Low sodium



Nutrition Information

	per serve
Energy	720 kJ (173 Cals)
Protein	21g
Fat - saturated	6g 2g
Carbohydrates - sugars	10g 6g
Dietary Fibre	2g
Sodium	260mg
Calcium	40mg
Iron	2mg

PARENT INTERVIEW FORM

Child's name	Teacher	Tuesday 23 June	Thursday 25 June

Signed _____

Printed Name _____

DATES TO REMEMBER



- 18 June Healthy Eating Day
- 19 June STARS Assembly 12:15; Reports issued and interview times confirmed
- 23 June Parent Interviews 3:30pm – 8:00pm
- 24 June Interschool Cross Country
- 25 June Parent Interviews 3:30pm – 6:30pm
- 26 June School Assembly 12:00pm
- 30 June Board of Trustees meeting 6:00pm in library – All welcome
This includes a report on Social Studies.
- Regional Cross Country 11:00am – 2:00pm at Glenview School
- 1 July Next newsletter
- 3 July End of Term 2 – School finishes at 2:00pm
- 20 July **Term 3 begins at 8:55am sharp!**