

**RANGIKURA SCHOOL**  
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PORIRUA



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### School Goal – Term 3 2009

**WE WILL THINK OF OTHERS**

### Teaching Beliefs:

**Supporting Each Other, Tell the Truth, Achieving our Goals, Respect, Self Responsibility.**

**Kia ora, Kia orana, Talofa lava, Malo-ni, Greetings, Bula, Fakaalofa atu, Sabai de, Namesti**

### PRINCIPALS NEWSLETTER 9 SEPTEMBER 2009

We welcome Ruta Tupuse, Malama Aiono and Darian, Tyla and Krystal Baker to our school. Ruta and Malama are new entrants in Mrs Ryan's class, Darian is with Miss Smock. Tyla is with Miss Small and Krystal is in Mrs Gulliver's class. We hope all these students have a happy, safe and successful time at our school.

#### SCHOOL GOAL



Students are doing well with our current school goal – We Will Think of Others. Lots of our students are highly empathetic and consider others to a high degree. A recent innovation at our Friday assemblies is having some teachers explain to the school why the child in their class they chose to receive the STARS Award, achieved it. This will give other students examples to aspire to. The following students have been recognized and rewarded as role models in this important area at recent assemblies.

Sarah Heberley, Daniel Nicol, Elaia Seiuli, Ashleigh Bell, Timothy Taoipu, Swayde Brightwell, Phoenix O'Gorman, Blaze Tito-Wyatt, Oz Beek, Shania Warren, Devon Wineera, JJ Akavi, Tatana Parai-Karepa, Ariana Welch-Natras, Ruta Tupuse, Fa'atasi Fa'atonuga, Jireh Aitofi, Arona Tinilau, Izaiyah Brightwell, Lianna Ohlsen, Cassidy Moeke-Hemi, Alofagia Tuangalu, Jessie Soudachanh, Paige Enea, Paris Va, Olivia Parsons, Shaiden Baker and Tenalia Marsters.  
Congratulations and well done to you all !!!

#### STARS TEACHING BELIEFS

You may have noticed a change to our teaching beliefs at the top of this newsletter. They are now our teaching and learning beliefs and are as follows: Supporting Each Other, Tell the Truth, Achieving our Goals, Respect and Self Responsibility.

We aim to reach for these STARS through our new school vision: Respect for Self, Respect for Others, Respect for Environment. The new STARS beliefs reflect the principles, values and key competencies of the revised New Zealand Curriculum. These changes were made as a result of a consultation process earlier in the year that included our students, our community, our staff and our Board of Trustees.

We were particularly concerned to have the STARS beliefs written in such a way that our students could identify with them and understand them. Before finalising the working we checked with the children again to make sure we had achieved this aim. We will be asking our Board of Trustees to formally adopt these beliefs at their next meeting in October. These teaching and learning beliefs are supported by our new school strategic goals and the associated sub goals that have now been finalised by our Board of Trustees and reported to you in an earlier newsletter. The Board and staff are now considering and discussing a draft strategic plan that will outline the steps we need to take to achieve our strategic goals over the next five years. This will be further supported by detailed annual development plans written by myself and staff each year. This whole process has taken quite a while to do. However it is important to take the time to have it as right as we possibly can. Alongside this development is the work that has been occurring on our unique School Curriculum, based on the revised New Zealand Curriculum. The work on this is almost complete. By midway through Term 4 we aim to have the completed Curriculum available on our website. Again, annual plans for each curriculum area will be written to support the overall Curriculum. We will have the first of these

ready to implement from the beginning of 2010. We thank you for your input into the above work, which has been one of our major review goals of 2009.



### **SAD NEWS**

It was with great sadness that we learned of the recent passing of Larry Foley. Larry has been associated with our school for many years. His children attended our school and he and his wife often looked after foster children who also attended Rangikura. A few years ago Larry cooked sausages for us on barbecue days. He has also supervised our school traffic patrols on Warspite Avenue for many years which is where most of you will remember him from. He did a fantastic job for the school with the patrols and this was recognized with a special award from the Kapi-Mana Police District last year. Larry's funeral was held today. Our sincere condolences go to his family. He will be remembered by us.

### **CLASS TEACHING CHANGE**

Due to illness Mr Meehan will not be teaching his class for the remainder of the term. For the last two weeks of term Heather Clayton will take over the class on a full time basis. Heather is well known to the children as she has already worked in the class on a part-time basis. She knows the needs of the students so the classroom programme quality will be maintained. If necessary, Heather is also prepared to teach the class in Term 4. When possible Mr Meehan will come and work with small groups to keep contact with the school.

### **HEALTHY EATING DAY**

Tomorrow, 10 September is the final Healthy Eating Day for Term 3. You know the story – no packaged food permitted unless it has the Heart Foundation tick. We thank you for your cooperation in this area so that we can remain committed to Healthy Eating at our school.



### **EDUCATION REVIEW OFFICE**

As reported in previous newsletters the Education Review Office will be visiting our school next week. They are undertaking an external review of our school to see if they agree with the self review we undertake. Their specific focus areas for us will be School Self-Review and the quality of teaching and learning in numeracy. The review office were last here three years ago. At that time we received an excellent review. We are confident that we are doing things well at our school. We know we have high quality teachers, our focus is clearly on student achievement and we are making progress with our goal of improvement. We are anticipating a successful review next week. We will have to wait for a few days to find out the result though. ERO will report to our Board of Trustees and our Senior Staff on Wednesday 23 September. We will let you know about the results in our first newsletter on Term 4.

### **ABSENCES – RAAV'S**

The recent fine and settled weather has resulted in a big decrease in the number of late arrivals each morning. Thank you very much for your support in our goal of improving attendance. This has a direct affect on student achievement. We are very pleased we are making progress with improving attendance. The next round of RAAV'S letters will go out next week. Hopefully there won't be many to send. We really appreciate the support of our community with this initiative.

### **SATURDAY MORNING SPORTS**



**Netball:** This year Rangikura School has five Saturday Netball teams. The teams have all had very successful seasons, with the Jewel year 5 and 6 team winning their grade. The Emerald team and the Diamond team are both playing for first place this Saturday. We would like to say a huge thank you to all the coaches, managers and supporters of our netball teams. Especially to Francis Barnsley, Nikki Merval, Rose Teleaga, Fran, Temarama and Katrina Day for all their work.

**Hockey:** The Premiere One girls' team is playing the finals next Saturday against Hutt Valley. This is the first time Rangikura has competed in Prem 1. The team won an exciting semifinal game against Marsden Collegiate school to win a place in the final. Our boys' team had a great season. They were promoted from Prem 3 to Prem 2. A big thank you to Adam Parsons for coaching and to Amanda Parsons and Eddie Uluilalata for managing the boys. The Prem 3 girls team had a tough season. The girls fought hard all season and have all developed great skills. Thanks to Melissa Peita and Vaitua Baker for help with this team.  
Thank you - Ondine Souter.

### **DANCE CLASS**

Ballet / Modern / Jazz – Will be held on Thursday 4.30pm – 5.30pm in our school hall. Preschoolers to Adults. Mixed ability group. Come along and have fun !! No charge. Debbie Gulliver welcomes you all.



## COMMUNITY NOTICES

- Porirua Police and Bluelight are staging a Pool Party at the Porirua Aquatic Centre on Saturday 26<sup>th</sup> September from 7.30pm – 9.30pm. \$2.00 entry. Ticket sales on the night at the pool. Caregivers are to pick up their children.
- The Porirua City Council Holiday programme runs for children aged 5-14 years at 5 convenient venues in the Porirua Basin and Churton Park. For more info contact (04) 237-1523.
- Central Kids Tag – Saturday October 17<sup>th</sup> at the Porirua College Grounds. No charge. Please Email: frita@xtra.co.nz or phone 0273519871/0210454739.

## SUCCESS OF FORMER STUDENTS

We are delighted to note that Jamal Mikaio has been selected to join the NZ Basketball Development Squad. This is a very high honour indeed and a great achievement. Congratulations Jamal. We look forward to seeing you in the Tall Black Team in the future.

## ADVANCE NOTICE

As part of our commitment to Sunsmart Practices our school requires students to wear brimmed sunhats during Terms 1 and 4 each year. This means that all students are expected to wear these hats from 12 October. Please start planning and organizing for this now. If your child enrolled with us after Easter they will be supplied with a free school sunhat on 12 October. We also sell these hats for \$8.50 at the office. Thank you for your support for our Sunsmart programme.

## BOOK SALE

There is going to be an extraordinary book sale this Friday 11 September in Rimu Block. This begins at 12.45pm. There will be books like - Goosebumps, Animorphs, Star Wars and more. Bring along some money from 50cents to \$2.00. By Keanu-Lee Brightwell and Daniel Griffin.

## WRITING

We celebrate the recount writing by Tyra Komiti (Year 7) about a recent visit by Norm Hewitt to our school.

### *Norm Hewitt*

*Norm Hewitt- ex All Black, S.P.C.A and dancing expert also an inspirational speaker came to our school last Friday. The main purpose of him coming was to talk about cruelty to animals around New Zealand.*

*Before he came I didn't really know people did those kinds of things to their own animals. I felt so sorry for them. When he started his presentation he showed us some of his pictures, some were funny and some were sad.*

*The sad picture was of a dog that was left by their owners who moved to another house. The sad thing is they locked the dog in a room. Norm said the dog was left for a week. I felt angry at the owners for leaving the dog.*

*Next he introduced his friend Shelly. Shelly told us the 5 most important things you should do to look after your animals.*

- 1) Food & water*
- 2) Medical care*
- 3) Shelter*
- 4) Exercise*
- 5) Love & care*

*Then Norm came back to finish his presentation. He started to talk about his childhood.*

*"When I was little, there was a lot of violence going on. Not all the time, my dad was the one hurting us, but my mum was the one who stood between him and his fist!"*

*Honestly! I nearly cried.*

*"Every time this happened, I would run to the barn and hug my horse."*

*He said that his animals comforted him when he was sad.*

*It was a shame to see him go. I know that all of Kahikatea enjoyed his presentation.*

*By: Tyra Komiti*

Kind Regards  
Paul Nees, Principal

## DATES TO REMEMBER



10 Sep .....	Healthy Eating Day
11 Sep .....	Stars Assembly 12noon
14 Sep .....	ERO Review Team in school
18 Sep .....	School Assembly 12noon
19 Sep .....	(Saturday) Hockey Finals – Newtown
22 Sep .....	Duffy Hero Assembly 11.30am
23 Sep .....	Next Newsletter + ERO report to BOT and Senior Staff
25 Sep .....	STARS Assembly 12.15pm
.....	End of Term
12 Oct.....	Term 4 begins – 8.55am sharp.

## HEALTHY EATING

### New ways to save money: Leftovers

Most of us want to save money, yet we often waste food. Here are some great ways to make the most of leftovers.

Keep your food dollars out of the bin!



- Resurrect veges: Use your leftover cooked vegetables and stale bread to make vege burger patties. Crumb bread and mash together with veges like potato, carrots and broccoli with some onion, garlic, spices and herbs. Pan-fry. Pop it on a burger with lettuce, cheese and sauce for a delicious meal.
  - Takeaway burger \$6 per person
  - DIY burger \$2 per person
  - SAVE \$22
- Turn leftovers into pizza: Pop leftover veges, meat, salsa, herbs and dips onto wholemeal pita bread and freeze for when you've got a craving. It'll save you from ordering the fast food version, and if you get the kids involved, you can serve it cold in their lunch box.
  - 1 x delivery pizza \$16
  - 5 x pita bread \$3
  - SAVE \$13
- Make fruity beauties: Blend floury watermelon, mushy strawberries, squishy pears (cut off any bruised or spoiled parts) and any other fruit that needs rescuing with some fruit juice. Freeze with a paddle pop stick.
  - Ice-blocks \$3
  - Using old fruit Free
  - SAVE \$3
- Think frittata: Just about any leftover meat or vegetables can be put in a pan with whisked eggs and milk for a workday lunch, or serve with a leafy salad for a light Sunday lunch.
  - Buying lunch \$5
  - Save \$5

### Tips

- Save all leftover vegetables from each meal. Put them in a bag in the freezer and make vege soup when the bag is full.
- Don't throw away leftovers – make a small 'ready meal' in a microwaveable/freezable container which can be taken to work the next day for lunch. These can be frozen, so you have a constant supply. Saves a fortune on buying lunches!
- I like to make my own crackers by slicing old French bread really thinly and spraying it with oil. Then I bake it in the oven until crisp, and let cool. They're nice with a bit of herb or garlic salt sprinkled on them, too.
- Buy bacon and ham on special and pop it in the freezer, sometimes pre-chopping the meat for adding straight into frittatas, stews or pasta. They add so much flavour. The frozen meat keeps for up to one month.
- Freeze bulk items. Take advantage of bread, milk and cheese on special. They can all be frozen until needed. With cheese, divide large blocks in smaller chunks before freezing.